



Transportation Employees and COVID-19

In an attempt to stop the spread of COVID-19, the following information has been put together by Safety Management Services Company.

Transportation Employers:

- Create at least 6 feet between workers by staging/staggering crews to prevent droplet spread.
- Plan for office staff to have the ability to work from home.
- Provide soap and running water on all job sites for frequent handwashing. If that is impossible, provide hand sanitizer.
- If you work in healthcare facilities, train your workers in Infection Control Risk Assessment (ICRA). For information on the ICRA training program from the Center for Construction Research and Training (formerly the Center to Protect Workers' Rights, still abbreviated CPWR), visit: <https://www.cpwr.com/training/infection-control-risk-assessment-icra>
- Develop an infectious disease control program to address the control and spread of diseases.
- Clean and disinfect high-touch surfaces on job sites and in offices frequently (for example: hand rails, door knobs, portable toilets) per Centers for Disease Control and Prevention (CDC) guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
- Propagate a tool cleaning program per these guidelines: https://www.cpwr.com/sites/default/files/Milwaukee_Tools-Tool_Cleaning.pdf
- Create a plan and response protocol: <https://www.lhsfna.org/index.cfm/coronavirus-fact-sheet/>

Transportation Driver Personnel:

- Do not go to work if you are feeling sick.
- Do not shake hands when greeting others.
- Stay 6 feet away from others on the job site, including any gatherings, meetings, or training sessions.
- Avoid contact with sick people.
- Do not share phones, tablets, and hand tools you normally would with other employees.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Wear gloves throughout the day that may be changed frequently and washed after use.
- Change clothing and remove gloves & other PPE prior to entering your truck. Shower daily.
- Cover your mouth and nose with tissues if you cough or sneeze, or do so into your elbow.
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains 60%-95% alcohol. Soap and water should be used if hands are visibly dirty.
- Wash your hands for at least 20 seconds after touching freight, operating a fuel pump, exchanging money, purchasing items in a truck stop, etc. If water isn't available, use a hand sanitizer as instructed on product.
- Tips for cleaning the inside of your truck can be found at: <https://www.consumerreports.org/tires-car-care/how-to-kill-coronavirus-in-your-car-without-damaging-interior-surfaces/>

Transportation Shop Personnel:

- Do not go to work if you are feeling sick.
- Do not shake hands when greeting others.
- Stay 6 feet away from others on the job site, including any gatherings, meetings, or training sessions.
- Avoid contact with sick people.
- Do not share phones, tablets, and hand tools you normally would with other employees.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Wear gloves throughout the day that may be changed frequently and washed after use.
- Change clothing and remove gloves & other PPE prior to entering your home. Shower daily.
- Cover your mouth and nose with tissues if you cough or sneeze, or do so into your elbow.
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains 60%-95% alcohol. Soap and water should be used if hands are visibly dirty.
- Propagate a tool cleaning program per these guidelines:
https://www.cpwr.com/sites/default/files/Milwaukee_Tools-Tool_Cleaning.pdf
- Plans for an employee response from COVID-19: <https://www.lhsfna.org/index.cfm/recommended-covid-19-response-plan-for-construction-employers/>

Clean hands after going to the bathroom, before eating, and after coughing, sneezing, or blowing your nose.

